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SOCIAL, EDUCATIONAL AND LEGAL SERVICES

COMMUNITY RECREATION LEADERSHIP TRAINING

PROGRAM OF STUDY 391.A0



Québec ##

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Direction générale des programmes et du développement

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INTRODUCTION TO THE PROGRAM

The Community Recreation Leadership Training program shares the aims and goals for technical education that serve as guidelines for the Direction générale de la formation professionnelle et technique. It was designed in accordance with the framework for developing technical programs, which emphasizes partnership and cooperation between the working world and the education system.

This program is defined in terms of competencies, which are broken down into objectives and standards. Designed using an approach based on training needs, the workplace situation and the general goals of technical education, the program provides a basis for the development and evaluation of learning activities. Furthermore, it supports the application of a program-based approach.

The Community Recreation Leadership Training program includes a general education component that is common to all programs of study (16 2/3 credits), a general education component that is specific to the program (6 credits), a general education component that is complementary to the other components (4 credits) and a program-specific component (58 credits).

Part One of this document presents an overview of the program. Part Two describes the objectives and standards of the general education component and the program-specific component.

VOCABULARY USED

Program

An integrated set of learning activities leading to the achievement of educational objectives based on set standards (College Education Regulations, section 1).

Competency

For the specific program component of a technical program: an integrated set of cognitive and psychomotor skills and socio-affective behaviours that enable a student to exercise a role or function, perform a task or carry out an activity at entry level on the job market (Cadre technique d'élaboration de la partie ministérielle des programmes d'études techniques, p. 3).

Objective

The competency, skills or knowledge to be acquired or mastered (College Education Regulations, section 1).

Statement of the competency

For the specific program component of a technical program, the statement of the competency is the result of an analysis of the work situation, the general goals of technical education and, in certain cases, other factors. It consists of an action verb and an object. It must be clear and unequivocal.

For the general education component, the statement of the competency is the result of an analysis of the needs of general education.

Elements of the competency

For the specific program component of a technical program, the elements of the competency include only what is necessary in order to understand the competency. They specify the major steps in exercising the competency or the essential elements of the competency.

For the general education component, the elements of the objective, formulated in terms of a competency, specify the essential elements of the competency. They include only what is necessary in order to understand and attain the competency.

Standard

The level of performance at which an objective is considered to be achieved (College Education Regulations, section 1).

Achievement context

For the specific program component of a technical program, the achievement context corresponds to the situation in which the competency is exercised at entry level on the job market. The achievement context does not specify the context for learning or evaluation.

Performance criteria

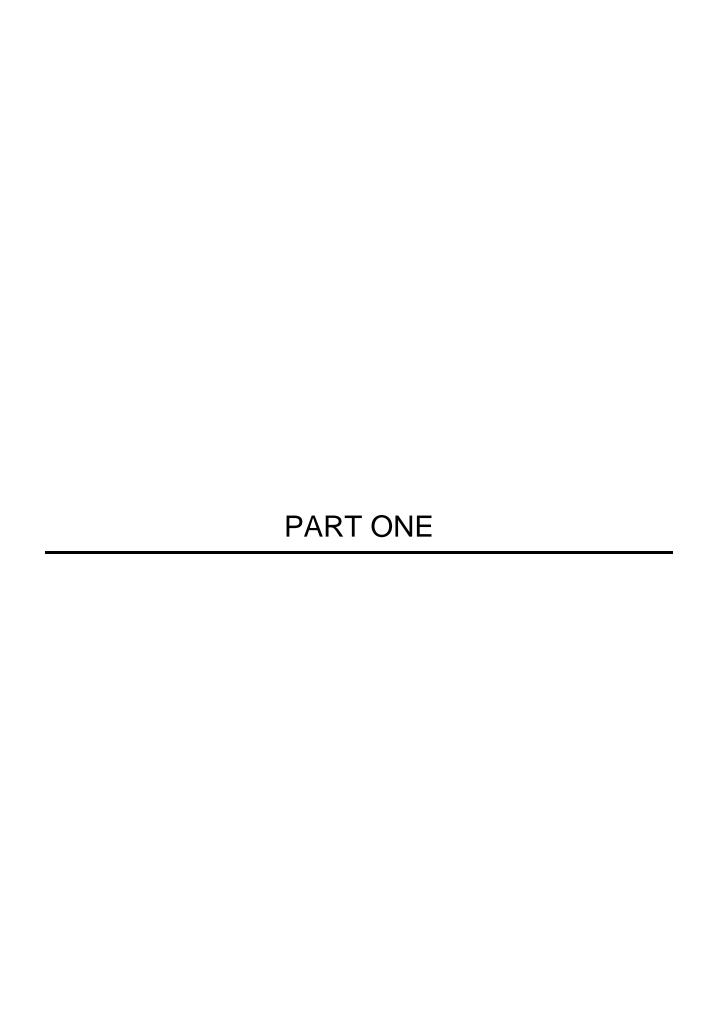
For the specific program component of a technical program, the performance criteria define the requirements that make it possible to judge the attainment of each of the elements of the competency and consequently of the competency itself. The performance criteria are based on the requirements at entry level on the job market. The performance criteria are not the evaluation instrument but, rather, they serve as a reference for the development of the evaluation instrument. Each element of the competency requires at least one performance criterion.

For the general education component, the performance criteria define the requirements for recognition of the attainment of the standard. All the criteria must be respected for the objective to be attained.

Learning activities

For the specific program component of a technical program, the learning activities are classes (labs, workshops, seminars, practicums or other educational activities) designed to ensure the attainment of the targeted objectives and standards. Colleges are entirely responsible for defining the learning activities and applying the program-based approach.

For the general education component, the elements of the learning activities that may be determined in whole or in part by the Minister are the field of study, the discipline(s), the weightings, the total hours of instruction, the number of credits and any details deemed essential.



GOALS OF THE PROGRAM

Desired Result

The aim of the Community Recreation Leadership Training program is to produce graduates qualified to work with the general public or specific groups in order to meet their recreational needs.

Description of the Occupation

Recreation leaders have responsibilities related to the provision of recreational services; more specifically, they carry out tasks involving planning, organizing, coordinating, leading and evaluating activities of a social and recreational nature. They may work in a variety of organizations (school, municipal, institutional and community) and in various private organizations that provide recreational activities. This variety of work settings means that recreation professionals are called upon to work with a broad range of clienteles.

The constantly changing labour market, with the increasing number and complexity of tasks, requires training individuals who are competent and versatile in the exercise of their occupation. The program enables the acquisition of these capacities through learning of, among other things, concepts and techniques for leading activities with individuals and groups and for managing human, material and financial resources.

Educational Intentions

In accordance with the general goals of technical education, the aims of the program-specific component of the Community Recreation Leadership Training program are:

- to enable students to acquire competence in the exercise of the occupation, performing the tasks and activities of the occupation at a level acceptable for entry into the job market;

Finally, tl	ne Con	nmunity	Recreation	Leadership	Training	program	is designed	to enable	graduates to

Desirable attitudes

Cultural literacy and generic skills help students to acquire and develop the following attitudes:

- Ø autonomy;
- Ø a critical sense;
- Ø awareness of their responsibilities toward themselves and others;
- Ø openmindedness;
- Ø creativity;
- Ø openness to the world.

These outcomes apply to the three general education components, more specifically:

- Ø General education common to all programs, which is allotted 16 2/3 credits distributed as follows:
 - ø language of instruction and literature: 7 1/3 credits;
 - ø humanities or philosophie: 4 1/3 credits;
 - ø physical education: 3 credits;
 - ø second language: 2 credits.
- Ø General education adapted to programs, which introduces tasks or learning situations that are relevant to the field of study. The breakdown of credits, for a total of 6, is as follows:
 - ø language of instruction and literature: 2 credits;
 - ø humanities or philosophie: 2 credits;
 - ø second language: 2 credits.
- Ø Complementary general education, which allows students to complete their training with learning activities chosen with a view to achieving balance and complementarity in relation to the program-specific component. Students may choose courses fo

All the sets of objectives and standards in the general education component are developed in keeping with the provisions of the College Education Regulations (R.S.Q., c. C-29, s. 18; 1993, c. 25, s. 11). Revised Edition, August 1998.

EDUCATIONAL INTENTIONS OF GENERAL EDUCATION

The educational intentions explain in detail the contribution of each field of studies included in the three components of general education (common to all programs, adapted to programs or complementary) to the achievement of the goals of general education. For the first two components, the educational intentions include a general statement of the role of each field of studies, the principles which underlie this role, the contribution of each field, in the form of outcome objectives, to the achievement of the goals of general education in terms of knowledge, abilities and attitudes, and an explanation of the sequence of objectives and standards.

The integral text of the educational intentions is at the end of this document.

LIST OF PROGRAM OBJECTIVES

GENERAL EDUCATION COMMON TO ALL PROGRAMS

(16 2/3 credits)

0004	To analyze and produce various forms of discourse.
0005	To apply a critical approach to literary genres.
0006	To apply a critical approach to a literary theme.
00B2	To apply a logical analytical process to how knowledge is organized and used.
000G	To apply a critical thought process to world views.
0017 or	Appliquer les notions de base de la communication en français courant.
000A or	Communiquer en français avec une certaine aisance.
000B or	Communiquer avec aisance en français.
000C	Traiter d'un sujet culturel et littéraire.
0064	To establish the role that being physically active plays amongst the lifestyle behaviours which promote health.
0065	To improve one's effectiveness when practising a physical activity.

GENERAL EDUCATION ADAPTED TO PROGRAMS

(6 credits)

- 000L To communicate in the forms of discourse appropriate to one or more fields of study.
- 000U To apply a critical thought process to ethical issues relevant to the field of study.
- 0018 Appliquer des notions fondamentales de la communication en français, liées à un champ d'études.

or

000Q Communiquer en français dans un champ d'études particulier.

or

000R Communiquer avec aisance en français dans un champ d'études particulier.

or

000S Disserter en français sur un sujet lié au champ d'études.

COMPLEMENTARY GENERAL EDUCATION

(4 credits)

000V To estimate the contribution

SPECIFIC PROGRAM COMPONENT

(58 credits)

01AD	To analyse the occupation
01AE	To analyse the characteristics of clients and their recreational needs
01AF	To recognize significant indicators for recreation leadership
01AG	To manage health and safety risks
01AH	To organize recreational activities
01AJ	To use creativity in a work context
01AK	To interact in the workplace
01AL	To lead recreational activities
01AM	To lead a work team meeting
01AN	To create and adapt work management tools
01AP	To manage material resources
01AQ	To manage a recreational activities budget
01AR	To supervise human resources
01AS	To analyse recreation trends in specific contexts
01AT	To develop recreational activities
01AU	To establish programming for recreational activities
01AV	To promote recreational services
01AW	To recruit humain resources
01AX	To carry out a fundraising activity
01AY	To supervise a recreational activities project
01A7	To lead recreational activities for clients

HARMONIZATION

A comparative analysis of the programs of study offered in the Social, Educational and Legal Services sector was carried out in order to show where harmonization was possible. The four programs involved are Social Service, Early Childhood Care and Education, Community Recreation Leadership Training, and Special Care Counselling.

Harmonization of these programs is intended to make it easier for students to move from one program to another without having to repeat course content previously covered. Equivalence tables were drawn up to show the links among the various harmonized programs.

The tables below show the programs involved in harmonization. The left side of each table shows the codes and competencies of the Community Recreation Leadership Training program, while the right side indicates the equivalent competencies in the three other programs. Thus a student who has acquired one or more competencies in this program would be able to have the equivalent competencies recognized in the other programs if he or she chose to transfer to one of the other programs.

FROM TO

Community Recreation Leadership Training		Early Childhood Care and Education	
Code	Competency	Code	Competency
01AF	To recognize significant indicators for recreation leadership	0191	To observe children's behaviour
01AJ	To use creativity in a work context	019B	To use creativity in a work context
01AK	To interact in the workplace	0197	To communicate in the workplace

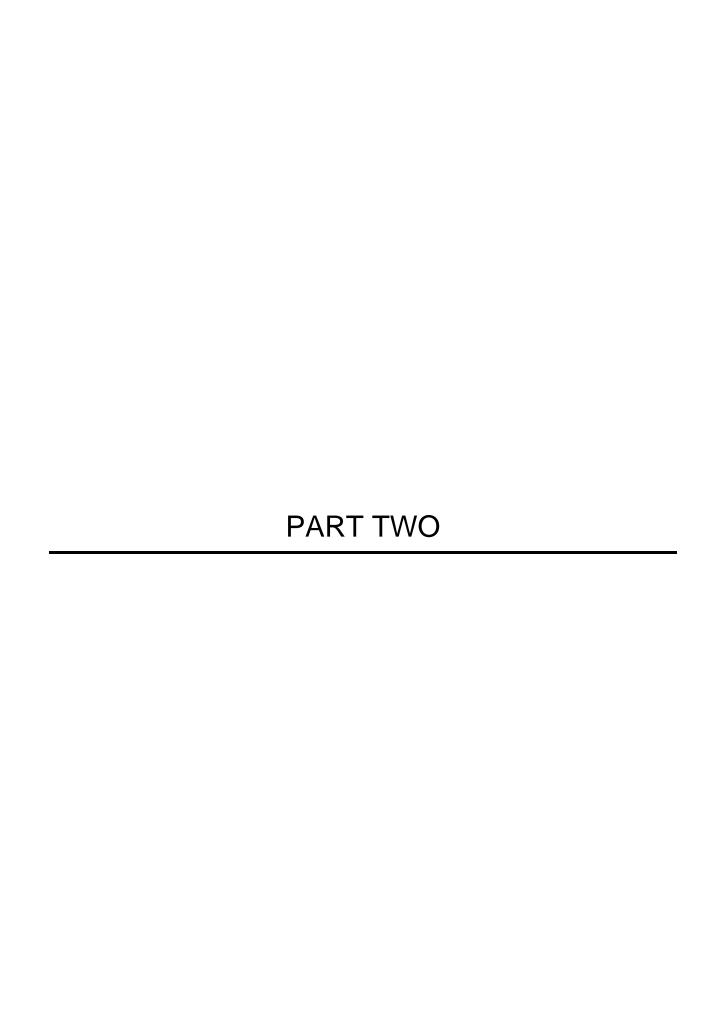
FROM TO

Community Recreation Leadership Training		Special Care Counselling	
Code	Competency	Code	Competency
01AG	To manage health and safety risks	01A4 019V	To protect themselves physically, emotionally and legally To assist a client in need of help

01AK To interact in the workplace 019Q To communicate with clients and members

FROM TO

Community Recreation Leadership Training		Social Service	
Code	Competency	Code	Competency
01AG	To manage health and safety risks	018U	To protect themselves physically, emotionally and legally



OBJECTIVES AND STANDARDS GENERAL EDUCATION COMMON TO ALL PROGRAMS

	ENERAL EDUCATION COMMON TO ALL PRO ANGUAGE OF INSTRUCTION AND LITER			
OBJECTIVE		STANDARD		
Statement of the competency				
То	analyze and produce various forms of discourse.			
El	ements	Per	formance criteria	
1	To identify the characteristics and functions of the components of discourse.	1.1	Accurate explanation of the denotation of words.	
		1.2	Adequate recognition of the appropriate connotation of words.	
		1.3	Accurate definition of the characteristics and function of each component.	
2	To determine the organization of facts and arguments of a given discourse.	2.1	Clear and accurate recognition of the main idea and structure.	
		2.2	Clear presentation of the strategies employed to develop an argument or thesis.	
3	To prepare ideas and strategies for a projected	3.1	Appropriate identification of topics and ideas.	
	discourse.	3.2	Adequate gathering of pertinent information.	
		3.3	Clear formulation of a thesis.	
		3.4	Coherent ordering of supporting material.	
4	To formulate a discourse.	4.1	Appropriate choice of tone and diction.	
		4.2	Correct development of sentences.	
		4.3	Clear and coherent development of paragraphs.	
		4.4	Formulation of a 750-word discourse.	

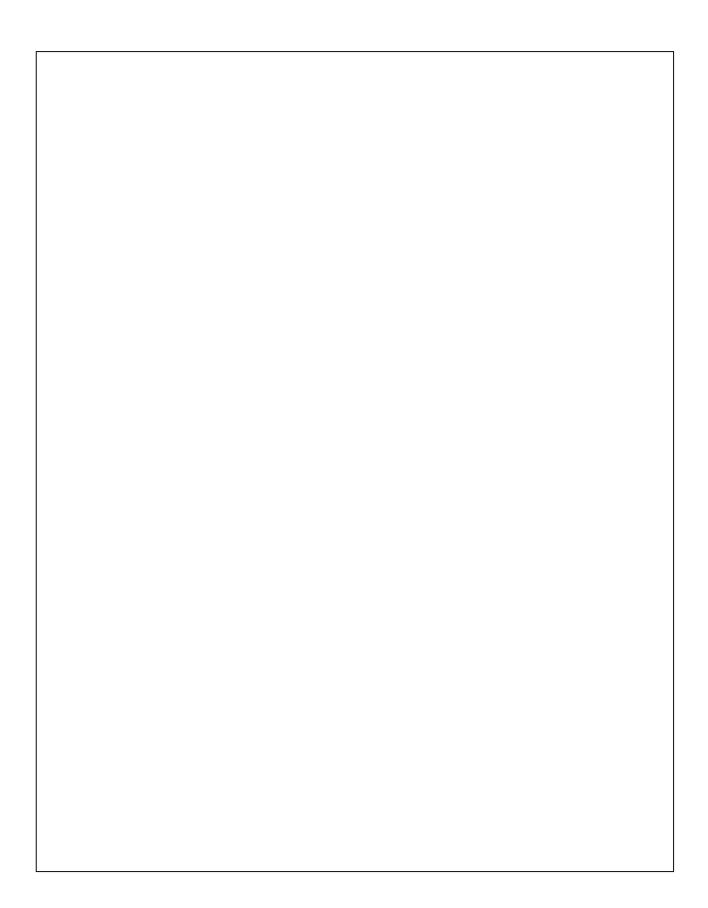
GENERAL EDUCATION COMMON TO ALL PROGRAMS : CODE : 0005 LANGUAGE OF INSTRUCTION AND LITERATURE					
OBJECTIVE			STANDARD		
Statement of the competency					
To apply a critical approach to literary genres.					
Elements			Performance criteria		
1	To distinguish genres of literary discourse.	1.1	Clear recogniti0 00.050Eacteristics 0.a literary genre.		
2	To recognize.050use of literary conventions within.a specific genre.	2.1	Accurate recognitio 00.0h0Eigurative communicatio 00.meaning.		
		2.2	Adequate explanation 00.05e effects of significant literary and rhetorical devices.		
3	To situate a discourse within its historical and literary period.	3.1	Appropriate recogniti0 0of 050relati0 ship 0.a text to its period.		
4	To explicate a discourse representative 0.a	4.1	Selective use 0.appropriate terminology.		
	literary genre.	4.2	Effective presentation 00.a 1000-word integrated resp0 se to a text.		
I FARNING ACTIVITIES					

LEARNING ACTIVITIES

Discipline :EnglishWeighting :2-2-3Credits :2 1/3

GENERAL EDUCATION COMMON TO A				

GENERAL EDUCATION COMMON TO ALL PROGRAMS : HUMANITIES CODE : 000G



FORMATION GÉNÉRALE COMMUNE : LANGUE SECONDE (NIVEAU II) CODE : 000A			
OBJECTIF	STANDARD		
Énoncé de la compétence			
Communiquer en français avec une certaine aisance.			
Éléments	Critères de performance		
1 Interpréter un texte oral simple de trois minutes en français courant.	1.1 Distinction claire des principaux éléments du texte oral.		
	1.2 Explication précise du sens des mots dans le texte.		
	1.3 Repérage précis des idées et des sujets traités dans le texte.		
2 Produire un texte oral planifié de cinq minutes	2.1 Emploi pertinent du vocabulaire courant.		
en français courant.	2.2 Respect du niveau de langue, du code grammatical et des règles de la prononciation.		
	2.3 Formulation claire et cohérente du propos.		
3 Interpréter un texte écrit en français courant.	3.1 Distinction claire des principaux éléments du texte.		
	3.2 Explication précise du sens des mots dans le texte.		
	3.3 Repérage précis des idées principales et de la structure d'un texte de 700 à 1000 mots.		
4 Rédiger un texte simple en français courant.	4.1 Respect du code grammatical et		

FORMATION GÉNÉRALE COMMUNE : LANGUE SECONDE (NIVEAU III) CODE : 000B				
OBJECTIF	STANDARD			
Énoncé de la compétence				
Communiquer avec aisance en français.				
Éléments	Critères de performance			
1 Produire un texte oral planifié de cinq minutes de complexité moyenne.	1.1 Emploi pertinent du vocabulaire	cou T JnO		

Critères de performance 1.1 Formulation personnelle des éléments principaux du texte.
1.1 Formulation personnelle des éléments
1.1 Formulation personnelle des éléments
1.2 Inventaire des thèmes principaux.
1.3 Relevé d'indices qui permettent de situer le texte dans son contexte socioculturel et historique.
1.4 Repérage des valeurs véhiculées.
1.5 Repérage juste de la structure du texte.
1.6 Articulation claire d'un point de vue personne
2.1 Respect du sujet.
2.2 Respect du code grammatical et orthographique.
2.3 Adaptation au lecteur ou à la lectrice.
2.4 Utilisation judicieuse des principaux éléments du corpus.
2.5 Formulation claire et cohérente d'un texte de 500 mots.
2.6 Articulation claire d'un point de vue personne
SACTIVITIES

GENERAL EDUCATION COMMON TO ALL PROGRAMS : PHYSICAL EDUCATION CODE : 0064				
OBJECTIVE	STANDARD			
Statement of the competency				
To establish the role that being physically act plays amongst the lifestyle behaviours which promote health.	ive			
Elements	Performance criteria			
1 To establish the relationship between one	's 1.1 Proper use of documentation.			
lifestyle and one's health.	1.2 Appropriate relationships between the main lifestyle behaviours and their impact on health.			
2 To be physically active in a manner which promotes health.	h 2.1 Observance of the rules involved in the physical activity, including safety guidelines.			
	2.2 Respect of one's abilities when practising physical activities.			
3 To recognize one's needs, abilities, and motivational factors with respect to being	3.1 Appropriate use of the physical quantitative and qualitative data.			
physically active on a regular basis.	3.2 Statement of one's main physical needs and abilities.			
	3.3 Statement of one's main motivational factors with respect to being physically active on a regular basis.			
4 To propose physical activities which prorhealth.	4.1 Appropriate and justified choice of physical activities according to one's needs, abilities, and motivational factors.			
LEAR	NING ACTIVITIES			
Discipline: Physical Education Weighting: 1-1-1 Credits: 1				

OBJECTIVE	STANDARD		
tatement of the competency			
to improve one's effectiveness when practising a hysical activity.			
llements	Performance criteria		
To use a process designed to improve one's effectiveness in the practice of a physical	1.1 Initial assessment of one's abilities and attitudes when practising a physical activity.		
activity.	1.2 Statement of one's expectations and needs wit respect to one's ability to practise the activity.		
	1.3 Appropriate formulation of personal objectives.		
	1.4 Statement of the means to achieve one's objectives.		
	1.5 Observance of the rules involved in the physical activity, including safety guidelines.		
	1.6 Periodic evaluation of one's abilities and attitudes when practising a physical activity.		
	1.7 Meaningful interpretation of the progress achieved and the difficulties experienced during the activity.		
	1.8 Pertinent and periodic adjustments of objectives or action plan.		
	1.9 Appreciable improvement of the motor skills required by the activity.		
LEARNING	G ACTIVITIES		
Physical Education Weighting: 0-2-1			

GENERAL EDUCATION COMMON TO ALL PROGRAMS : PHYSICAL EDUCATION CODE : 0066					
OBJECTIVE			STANDARD		
Sta	atement of the competency				
ph	demonstrate one's responsibility for being ysically active in a manner which promotes alth.				
Ele	ements	Peri	Performance criteria		
1	To combine effective practice with a health promotional approach to physical activity.	1.1	Integration of effective practice with factors which promote health in the practice of a physical activity.		
2	To manage a personal physical activity program.	2.1	Statement of one's priorities according to the needs abilities, and motivational factors with respect to being active on a regular basis.		
		2.2	Proper formulation of objectives to achieve in one's personal program.		
		2.3	Appropriate choice of activity or activities for one's personal program.		
		2.4	Appropriate planning of how the activity or activities in the personal program are carried out.		
		2.5	Appropriate choice of criteria to measure program objective attainment.		
		2.6	Periodic statement of the time invested and the activities carried out during the program.		
		2.7	Meaningful interpretation of the progress achieved and difficulties experienced during the activity.		
		2.8	Appropriate and periodic adjustment of objectives or action plan.		
	LEARNING ACTIVITIES				
W	scipline: Physical Education eighting: 1-1-1 redits: 1				



GENERAL EDUCATION ADAPTED TO PROGRAMS : HUMANITIES	CODE : 000U

ORGANITATION GENERALE TROTRE : ENTOGE	SECONDE (NIVEAU II) CODE : 0000
OBJECTIVE	STANDARD
Enoncé de la compétence	
Communiquer en français dans un champ d'études articulier.	
Elements	Performance criteria
Distinguer les types de textes propres au champ d'études.	1.1 Distinction précise des caractéristiques formelles de chacun des principaux types de textes et des conventions utilisées.
Interpréter des textes représentatifs du champ d'études.	2.1 Distinction claire des principaux éléments du texte.
	2.2 Interprétation claire du vocabulaire spécialisé.
	2.3 Repérage précis des idées et des sujets traités.
	2.4 Utilisation pertinente des techniques de lecture et d'écoute.
Utiliser des techniques de production de textes appropriées au champ d'études.	3.1 Emploi pertinent du vocabulaire spécialisé et des conventions.
	3.2 Respect du niveau de langue et du code grammatical.
	3.3 Formulation claire et cohérente du propos.
	3.4 Utilisation pertinente des techniques d'expression.
ACTIVITÉS D'.	APPRENTISSAGE

Elements Performance criteria
Communiquer avec aisance en français dans un champ d'études particulier. Performance criteria 1 Commenter des textes propres au champ d'études. 1.1 Distinction précise des caractéristiques formelles des principaux types de textes et des conventions utilisées. 1.2 Explication précise du sens des mots dans le 1 du sRptém
1.1 Distinction précise des caractéristiques formelles des principaux types de textes et des conventions utilisées. 1.2 Explication précise du sens des mots dans le 1 du sRptérn
d'études. formelles des principaux types de textes et des conventions utilisées. 1.2 Explication précise du sens des mots dans le 1 du sRptérn



COMPLEMENTARY GENERAL EDUCATION: SOCIAL SCIENCE	ES	CODE: 000V
OBJECTIVE	STANDARD	

	OBJECTIVE		STANDARD
Sta	atement of the competency	Ach	nievement context
	o analyze one of the major problems of our time ing one or more social scientific approaches.		Students will work alone. They will write an essay of approximately 750 words on a topic related to human existence. Reference materials from the field of social sciences may be used.
El	ements	Per	formance criteria
1	Formulate a problem using one or more social	1.1	Presentation of the background to the problem.
	scientific approaches.	1.2	Use of appropriate concepts and language.
		1.3	Brief description of individual, collective, spatio-temporal and cultural aspects of the problem.
2	Deal with an issue using one or more social	2.1	Clear formulation of an issue.
	scientific approaches.	2.2	Selection of pertinent reference materials.
		2.3	Brief description of historical, experimental and survey methods.
3	Draw conclusions.	3.1	Appropriate use of the selected method.
		3.2	Determination of appropriate evaluation criteria.
		3.3	Identification of strengths and weaknesses of the conclusions.
	LEARNING	ACT	IVITIES
	imber of student-contact hours: 45 imber of credits: 2		

COMPLEMENTARY GENERAL EDUCATION: SCIENCE AND TECHNOLOGY CODE: 000X					
OBJECTIVE			STANDARD		
Statement of the competency		Ach	nievement context		
To explain the general nature of science and technology and some of the major contemporary scientific or technological issues.		•	Students will work alone. They will use a written commentary on a scientific discovery or technological development. They will write an essay of approximately 750 words.		
Elements		Per	formance criteria		
1	Describe the standard scientific mode of thought and method.	1.1	Brief description of the essential characteristics of the scientific mode of thought, including quantification and demonstration.		
		1.2	Organized list and brief description of the essential characteristics of the main steps in the standard scientific method.		
2	Demonstrate how science and technology are complementary.	2.1	Definition of terms and description of the primary ways in which science, techniques and technology are interrelated: logical and temporal connections, and mutual contributions.		
3	Explain the context and the stages related to several scientific and technological discoveries.	3.1	Pertinent and coherent explanation of the relationship between the determining contexts related to several scientific and technological discoveries.		
		3.2	List of the main stages of scientific and technological discoveries.		
4	Deduce different consequences and questions resulting from certain recent scientific and technological developments.	4.1	Brief description of important consequences (of different types) and the current major challenges resulting from several scientific and technological discoveries.		
		4.2	Formulation of relevant questions and credibility of responses to the questions formulated.		
	LEARNING	ACT]	IVITIES		
Number of student-contact hours: 45 Number of credits: 2					

COMPLEMENTARY GENERAL EDUCATION: SCIENCE AND TECHNOLOGY CODE: 000Y				
OBJECTIVE	STANDARD			
Statement of the competency	Achievement context			
To resolve a simple problem by applying the basic scientific method.	 Students will work alone or in groups. They will be given a scientific and technological problem that is not complex and that can be resolved by applying the standard scientific method. Common scientific instruments and reference materials (written or other) may be used. 			
Elements	Performance criteria			
1 Describe the main steps of the standard scientific method.	1.1 Organized list and brief description of the characteristics of the steps of the standard scientific method.			
2 Formulate a hypothesis designed to solve a	2.1 Clear, precise description of the problem.			
simple scientific and technological problem.	2.2 Observance of the principles for formulating a hypothesis (observable and measurable nature of data, credibility, etc.).			
3 Verify a hypothesis by applying the fundamental principles of the basic	3.1 Pertinence, reliability and validity of the experimental method used.			
experimental method.	3.2 Observance of established experimental method.			
	3.3 Appropriate choice and use of instruments.			
	3.4 Clear, satisfactory presentation of results.			
	3.5 Validity of the connections established between the hypothesis, the verification and the conclusion.			
LEARNING A	ACTIVITIES			
Number of student-contact hours: 45 Number of credits: 2	ACTIVITIES			

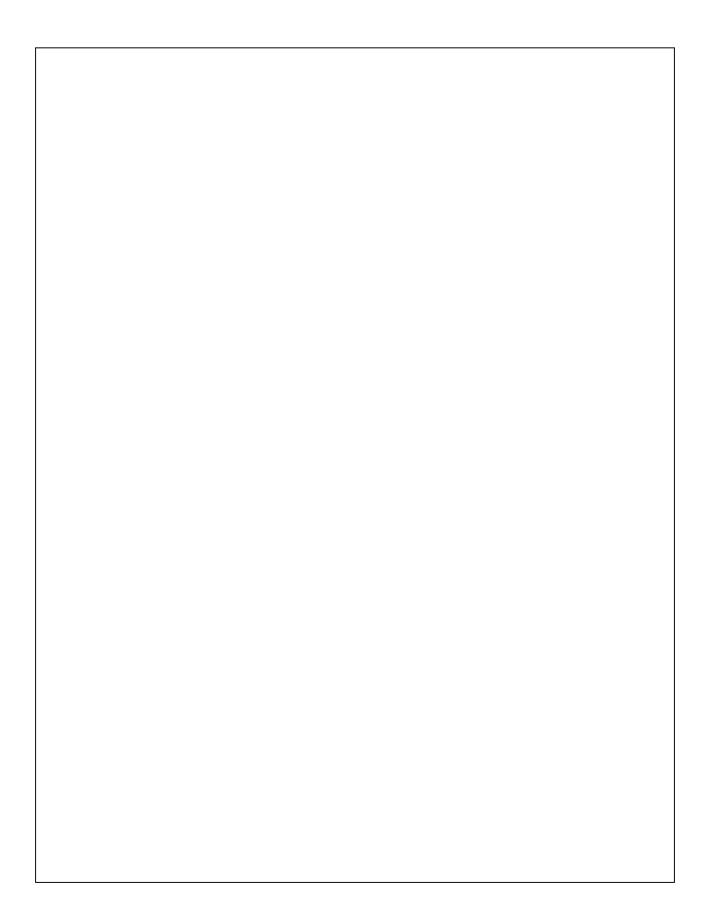
COMPLEMENTARY GENERAL EDUCATION	CTANDADD			
OBJECTIVE	STANDARD			
Statement of the competency	Achievement context			
To communicate on familiar topics in a modern language.	 Students will have a conversation that includes at least 15 lines of dialogue. They will write a text consisting of at least 20 sentences for Latin-alphabet languages. They will write a text consisting of at least 10 sentences for languages not using the Latin alphabet. Students will be exposed to: common situations in everyday life simple topics from everyday life Reference materials may be used. 			
Elements	Performance criteria			
1 Understand the meaning of a verbal message.	The acquisition of a modern language requires an awareness of the culture of the people who use the language.			
	1.1 Accurate identification of words and idiomatic expressions			
	1.2 Clear recognition of the general meaning and essential			
	ideas of messages of average complexity.			
	1.3 Logical connection between the various elements of the message.			
2 Understand the meaning of a written	2.1 Accurate identification of words and idiomatic expressions			
message.	2.2 Clear recognition of the general meaning and essential			
	ideas of messages of average complexity.2.3 Logical connection between the various elements of the			
	message.			
3 Express a simple message verbally, using	3.1 Appropriate use of language structures in main or			
sentences of average complexity.	subordinate clauses.			
	3.2 Appropriate application of grammar rules.			
	3.3 Use of verbs in the present indicative.			
	3.4 Appropriate use of enriched basic vocabulary and idiomatic expressions.			
	3.5 Understandable pronunciation.			
	3.6 Coherent sequence of sentences of average complexity.3.7 Conversation			
4 Write a text on a given subject, using	4.1 Appropriate use of language structures in main or			
sentences of average complexity.	subordinate clauses.			
2	4.2 Appropriate application of grammar rules.			
	4.3 Use of verbs in the present and past indicative.			
	4.4 Appropriate use of enriched basic vocabulary and idiomatic expressions.			
	4.5 Coherent sequence of sentences of average complexity.			
	4.6 Acceptable application of graphic rules for writing systems			
	other than the Latin alphabet.			
Number of student-contact hours: 45	ARNING ACTIVITIES			

OBJECTIVE	STANDARD			
Statement of the competency	Achievement context			
To communicate with relative ease in a modern language.	 Students will work alone. They will have a conversation that includes at least 20 lines of dialogue. They will write a text of medium length (at least 25 sentences for Latin-alphabet languages and 15 sentences for other languages). They will use documents of a sociocultural nature. Reference materials for the written text may be used. 			
Elements 1 Understand the meaning of a verbal message in everyday language.	Performance criteria The acquisition of a modern language requires an awareness of the culture of the people who use the language.			
	1.1 Accurate explanation of the general meaning and essential ideas of the message.			

COMPLEMENTARY GENERAL EDUCATION: M COMPUTER SCIENCE	MATHEMATICS LITERACY AND CODE: 0011	
OBJECTIVE	STANDARD	
Statement of the competency	Achievement context	
To recognize the role of mathematics or informatics in contemporary society.	 Students will work alone. They will write an essay of approximately 750 words, using numerous concrete examples that they themselves will have selected. 	
Elements	Performance criteria	
1 Demonstrate the acquisition of basic general knowledge of mathematics or informatics.	1.1 Identification of basic notions and concepts.	
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	OMPLEMENTARY GENERAL EDUCATION: M OMPUTER SCIENCE	MATHEMATICS LITERACY AND CODE: 0012		
	OBJECTIVE	STANDARD		
Statement of the competency		Achievement context		
To use various mathematical or computer concepts, procedures and tools for common tasks.		 Students will work alone. They will carry out a task or solve a problem based on everyday needs. Familiar tools and reference materials may be used. 		
Ele	ements	Performance criteria		
1	Demonstrate the acquisition of basic functional	1.1 Brief definition of concepts.		
	knowledge in mathematics or informatics.	1.2 Correct execution of basic operations.		
		1.3 Appropriate use of terminology.		
2	Select mathematical or computer tools and procedures on the basis of specific needs.	2.1 List of numerous possibilities available with mathematical and computer tools and procedures.		
		2.2 Analysis of concrete situations and recognition of the usefulness of mathematical or computer tools and procedures.		
		2.3 Appropriate choice according to needs.		
3	Use mathematical or computer tools and	3.1 Planned, methodical process.		
	procedures to carry out tasks and solve	3.2 Correct use of tools and procedures.		
	problems.	3.3 Satisfactory results, given the context.		
		3.4 Appropriate use of terminology specific to a tool or procedure.		
4	Interpret the quantitative data or results	4.1 Accurate interpretation, given the context.		
	obtained using mathematical or computer tools and procedures.	4.2 Clear, precise formulation of the interpretation		
	LEARNING .	ACTIVITIES		
	amber of student-contact hours: 45 amber of credits: 2			

COMPLEMENTARY GENERAL EDUCATION: A	ART AND AESTHETICS CODE: 0013		
OBJECTIVE	STANDARD		
Statement of the competency	Achievement context		
To consider various forms of art produced by aesthetic practices.	 Students will work alone. They will use a specified work of art and write a commentary of approximately 750 words. 		
Elements	Performance criteria		
Develop an appreciation for the dynamics of the imagination in art.	1.1 Precise explanation of a creative process connected to the construction of an imaginary universe.		





Code: 01AD			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To analyze the occupation.	 On the basis of recent information about the occupation and organizations in the field. On the basis of regulations in effect. 		
Elements of the Competency	Performance Criteria		
To describe the occupation and the working conditions.	 1.1 Gathering of relevant information. 1.2 Full examination of the general characteristics of the occupation and the working conditions. 1.3 Recognition of entrepreneurial opportunities in the field. 		
2. To examine the tasks and operations related to the occupation.	 2.1 Full examination of the operations, performance conditions and performance criteria for each task. 2.2 Correlation of steps in the work process with the tasks of the occupation. 		

Code:	

Code: 01AF			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To recognize significant indicators for recreation leadership.	 In a variety of work situations. With clients. Using observation forms or checklists. 		
Elements of the Competency	Performance Criteria		
To observe people's behaviour.	 1.1 Appropriate choice of observation method for the situation. 1.2 Appropriate tools used. 1.3 Consideration of factors that may help or hinder the observation process. 1.4 Accurate perception of feelings expressed by people in different situations. 1.5 Identification of any abnormal behaviour or behaviour that might be a sign of a problem. 1.6 Summary of facts indicating unusual behaviour. 		
2. To interpret the observations made.	 2.1 Use of means to confirm or correct initial impressions. 2.2 Consideration of the constants and variables observed. 2.3 Plausible interpretation of observed behaviour and facts. 		
3. To analyze the procedure used.	3.1 Critical analysis of the procedure used to make interpretations.		
4. To formulate hypotheses for recreational activities.	 4.1 Formulation of realistic and reasonable hypotheses based on the observations made. 4.2 Consideration of the professional resources available. 4.3 Respect for the limits of the occupation. 		

Code: 01AG		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	

Code: 01AG	
5. To give first aid.	 5.1 Observance of the general procedure for emergency situations. 5.2 Appropriate decision on actions to take in specific situations. 5.3 Correct application of first aid techniques. 5.4 Calm and self-control. 5.5 Adoption of appropriate behaviour to comfort an injured person.
6. To write up accident or incident reports.	 6.1 Use of the appropriate form. 6.2 Accuracy and inclusion of all required information. 6.3 Clarity and accuracy of comments.

Code: 01AH		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To organize recreational activities.	 Based on existing planning or requests for activities of varied types and organizational requirements. According to client characteristics. Working with resource people. Using the necessary documents: list of resource people, catalogues, equipment inventories, modes of operation, etc. Using the necessary audiovisual and computer equipment, facilities and materials. 	
Elements of the Competency	Performance Criteria	
1. To plan the organization of the activity.	 Careful determination of the needs for human, material and financial resources, and the actions to take. Consideration of the type of activity, objectives, client specifics and availability of human, material and financial resources in determining the needs. Respect for the operating methods specific to the organization. Consideration of the need to protect the environment when choosing locations and equipment and determining guidelines. 	

Code: 01AJ			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To use creativity in a work context.	 Based on a variety of work situations. Using reference documents to stimulate creativity. Using the necessary materials. Consulting resource people. 		
Elements of the Competency	Performance Criteria		
1. To identify a need.	1.1 Identification of a need in terms of a given situation.1.2 Clarification of the need in terms of the expected effects.		
2. To research and suggest ideas.	2.1 Use of appropriate research methods.2.2 Proposal of innovative ideas for the stated need.		
3. To select and develop an idea.	 3.1 Proper application of creativity techniques. 3.2 Inclusion of additional details to further define the idea. 3.3 Demonstration of a spirit of innovation. 		
4. To evaluate the results of their creativity.	 4.1 Demonstration of the ability to self-assess. 4.2 Determination of means to improve their creative abilities. 		

To participate in team meetings.	4.1 Active, appropriate participation in the team.
. 10 participate in com meetings.	4.2 Respect for the rules of conduct in a team
	4.3 Expression of their ideas while respecting the opinions of others.
	4.4 Adoption of appropriate behaviour for the leadership style of certain participants.
. To establish public relations.	5.1 Use of means to foster a climate of trust.
	5.2 Respect for the rules of public relations.5.3 Demonstration of self-confidence.
	5.5 Demonstration of self-confidence.

Code: 01AL		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To lead recreational activities.	• In the locations planned for the activities.	
	•	

Code: 01AL	
5. To intervene in the case of undesirable behaviour by the participants.	 5.1 Identification of any act contrary to the rules or pre-established methods of operation. 5.2 Application of measures to ensure the appropriate use of equipment and materials by the participants. 5.3 Appropriate action given the nature of the behaviour and the particularities of the person involved.
6. To evaluate the results of the activity.	6.1 Use of appropriate evaluation methods.6.2 Careful analysis of participants' comments concerning their expectations and the objectives of the activity.
7. To write a report on the activity.	 7.1 Clear, full report. 7.2 Taking into account of the analysis results. 7.3 Quality of written language.

Code: 01AM	
OBJECTIVE	STANDARD
Statement of the Competency	Achievement Context
To lead a work team meeting.	 Based on a request. With the people participating in the meeting. With the necessary documents and materials.
Elements of the Competency	Performance Criteria
1. To prepare for the meeting.	 1.1 Appropriate strategy for the purpose of the meeting. 1.2 Clear agenda that respects the rules of writing. 1.3 Correct form of the notice of meeting. 1.4 Preparation of all necessary documents, equipment and materials. 1.5 Appropriate set-up of equipment and materials. 1.6 Measures to handle equipment problems or breakdown.

OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To create and adapt work management tools.	 In a variety of work situations. Using models of tools for planning, organizing and evaluating work. Using the necessary computer equipment and materials. 	
Elements of the Competency	Performance Criteria	
1. To identify the needs.	 1.1 Appropriate identification of the needs to be met. 1.2 Careful analysis of existing tools. 1.3 Appropriate decision about the type of tool to create or adapt. 	
2. To create and adapt work planning tools.	 2.1 Establishment of an appropriate schedule for the project to be carried out. 2.2 Consideration of the availability of human and material resources when planning the work. 2.3 Reasonable distribution of the work activities on the agenda. 2.4 Allowance for room to maneuver in the event of unexpected situations. 2.5 Legibility and clarity of documents produced. 	
3. To create and adapt work organization tools.	 3.1 Creation and adaptation of pertinent and effective tools for the classification and use of information. 3.2 Consideration of the needs of the organiD0.001 us.4(a))2aso Rs07n

Code: 01AN		
Code: 01AN 4. To create and adapt work evaluation tools.	4.1 4.2 4.3	Tools that are clear and easy to use. Inclusion in the evaluation tool of elements that are pertinent, observable and measurable in terms of the nature of the task. Appropriate adaptation of existing evaluation tools for the different needs.

Code: 01AP			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To manage material resources.	 Based on a request or on established planning. Based on inventory lists and forms for borrowing or rental of material resources. Using the necessary computer equipment and materials. With the help of catalogues and price lists. In keeping with the regulations in effect and the established budget. 		
Elements of the Competency	Performance Criteria		
To set up and keep up an inventory of material resources.	1.1 Precise, detailed, complete list of equipment and materials.1.2 Updates done correctly and at appropriate times.		
2. To carry out an inspection of material			

Code: 01AP	
4. To design and use a form for the use of material resources.	 4.1 Proper design of a schedule for the use of facilities and equipment. 4.2 Consideration of the need to provide a tool that is clear and easy to use. 4.3 Correct use of the form in terms of the information to be recorded.
5. To borrow and rent material resources.	 5.1 Preparation of loan and rental schedules appropriate for the types of resources available and for client requests. 5.2 Correct application of procedures for loans and rentals. 5.3 Respect for the policies and regulations of the organization.

Code: 01AQ	
Code: Office	
4. To interpret a financial statement.	 4.1 Appropriate interpretation of the statement in terms of the projected budget. 4.2 Demonstration of an overall view of the situation. 4.3 Formulation of pertinent recommendations regarding the budgetary adjustments to make.
5. To prepare a file for a grant application.	 5.1 Appropriate choice of organizations likely to subsidize the project to be submitted. 5.2 Correct application of the procedure for the preparation of a grant application. 5.3 Consideration of the requirements of the organization approached. 5.4 Quality of the visual and written presentation of the file.
6. To make a request for sponsorship.	 6.1 Appropriate choice of potential sponsors. 6.2 Establishment of an appropriate strategy in terms of the purpose of the sponsorship and the sponsor selected. 6.3 Use of persuasive arguments when meeting with the sponsor. 6.4 Drawing up of a clear, complete agreement with the sponsor.

Code: 01AR	
OBJECTIVE	STANDARD
Statement of the Competency	Achievement Context
To supervise human resources.	

Code: 01AR	
4. To prepare and give training.	 4.1 Accurate assessment of training needs. 4.2 Design of a detailed, structured, pertinent training plan. 4.3 Use of dynamic and varied pedagogical methods. 4.4 Quality of spoken language. 4.5 Use of methods to arouse and maintain the interest of trainees. 4.6 Regular verification of understanding by participants. 4.7 Appropriate evaluation of the quality of training given.

Code: 01AT			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To develop recreational activities.	 Based on requests or perceived needs. Taking into account objectives and client characteristics. With a view to establishing programs or meeting specific needs. Using pertinent documents: activity directories, reference works, etc. Using the necessary computer equipment and materials. 		
Elements of the Competency	Performance Criteria		
1. To analyze a request or need.	 1.1 Accurate interpretation of the request or need. 1.2 Appropriate choice of the type of activity to set up in terms of the clients and the objectives. 1.3 Submission of a logical proposal to create a new activity or adapt an existing activity. 		
2. To create new activities.	 2.1 Creation of activities of different types in keeping with the clients and the objectives. 2.2 Presence of all data required for the activities. 2.3 Respect for the rules of writing and presentation as related to an activity. 2.4 Consideration of measures for protecting the health and safety of the participants. 		
3. To adapt existing activities.	 3.1 Proper evaluation of the needs. 3.2 Adaptation of activities to the particular needs of the clients, or material or organizational constraints. 3.3 Establishment of proper conditions for the activity. 		

Code: 01AT	
4. To try out scenarios for activities.	4.1 Field tests in keeping with data on the creation or adaptation of activities.4.2 Proper identification of the aspects of the
5. To evaluate the results.	 activity to be modified. 5.1 Evaluation of the results obtained in relation to the objectives. 5.2 Demonstration of a critical sense. 5.3 Identification of pertinent changes.

Code: 01AU		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To establish programming for recreational activities.	 Based on a request or on expressed needs. Taking into account the mission of the organization and constraints related to the availability of human, material and financial resources. Based on data on the clienteles and their needs. Using reference documents: inventory, balance sheet, evaluation reports of previous years' activities, compilation of activities, etc. Using the necessary computer equipment and materials. 	
Elements of the Competency	Performance Criteria	
To study data about the clients and the availability of resources.	 1.1 Appropriate interpretation of clients' characteristics and recreational needs. 1.2 Accurate evaluation of the available human, financial and material resources. 	
To define the general and specific objectives.	 2.1 Definition of general objectives in keeping with the mission of the organization. 2.2 Definition of specific objectives in keeping with the general objectives. 2.3 Clarity and respect for the rules for formulating goals and objectives. 	

			01AU	Code: 01AU
	Appropriate selection of activities in term clients' characteristics and needs and the resources available.	3.1	esign the program.	3. To design the
o holding	Accurate determination of data related to the activities.	3.2		
d	Appropriate organization of the activities terms of the type of activities, needs and preferences of the clients and availability resources.	3.3		
designing		3.4		
he	Quality of writing and presentation of the program.	3.5		
hen 'hen	Consideration of the need to innovate who designing a program.	3.6		

Code: 01AV		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To promote recreational services.	 Based on a verbal or written request. Taking into account the availability of human and financial resources. With the participation of a work team or committee of volunteers. Using existing reference guides and promotion tools. Using the necessary computer equipment and materials. 	
Elements of the Competency	Performance Criteria	
To establish a promotion strategy.	 1.1 Choice of a pertinent, realistic strategy in keeping with the services to be promoted. 1.2 Creativity in the choice of means of promotion. 1.3 Detailed description of the strategy: schedule, objectives and promotional tools. 1.4 Consideration of the human, material and financial resources available and the time needed to apply the promotion strategy. 1.4 Agreement obtained from the work team or immediate superior. 	
2. To design and produce promotional tools.	 2.1 Production of varied and appropriate tools. 2.2 Clarity and coherence of the message given the purpose of the promotion. 2.3 Inclusion of all necessary information. 2.4 Consideration of the image of the organization, the originality and aesthetics of the promotion, and the production costs. 2.5 Rigorous application of the rules of grammar. 2.6 Correct use of the appropriate software tools. 	

To present the tools produced.	3.1	Clear and dynamic presentation of the
		promotional tools produced.
	3.2	Correct, appropriate spoken language.
	3.3	Demonstration of confidence and a professiona attitude.
To organize and hold a press conference.	4.1	Correct execution of all the steps necessary.
	4.2	Professional language and appearance.
	4.3	Respect for the rules of protocol in events of an official nature.

. To prepare for and hold interviews.	4.1	Preparation of an appropriate schedule in terms of the job to be filled.
	4.2	Preparation of pertinent questions and
	4.3	hypothetical situations for the job to be filled.
	4.3	Correct application of interview techniques. Appropriate reactions to candidates' behaviour
	4.5	Adoption of behaviour allowing candidates to express themselves easily during interviews.
	4.6	Respect for the rules of professional ethics.
	4.7	Respect for the organization's policies.
. To evaluate the interview results and	5.1	Appropriate evaluation of the results in relation
make recommendations.		to the established criteria.
	5.2	Objective and pertinent recommendations given the identified needs.

Code: 01AX			
OBJECTIVE	STANDARD		
Statement of the Competency	Achievement Context		
To carry out a fundraising activity.	 Based on a need for funding. Taking into account the time allotted and the human, material and financial resources available. Using the necessary computer equipment and materials. Taking into account the regulations regarding the type of activity involved. With the assistance of resource people. 		
Elements of the Competency	Performance Criteria		
To determine the type of activity to organize.	1.1 Appropriate choice of the type of activity for the time and resources available and the objectives.1.2 Demonstration of originality in the choice of activity.		
2. To plan the organization of the activity.	2.1 Realistic and detailed schedule.2.2 Realistic estimates of the human, material and financial resources needed.		
3. To submit the fundraising activity to the people responsible for the service.	 3.1 Clear presentation of the projected activity and all its aspects. 3.2 Quality of written and verbal communication. 3.3 Use of persuasive arguments. 3.4 Proposal of pertinent alternative solutions. 		
4. To organize and coordinate the activity.	4.1 Proper execution of scheduled tasks.4.2 Assignment of tasks to the appropriate people.		

Code:	
To evaluate and communicate the results of the activity and to write a report.	 5.1 Detailed and pertinent evaluation of the results obtained. 5.2 Clear and concise oral presentation. 5.3 Detailed, complete written report. 5.4 Respect for the rules of presentation for a written report.

To assess the team's work.	4.1 Full, pertinent assessment of the work.
	4.2 Respect for the rules of grammar and
	presentation.
	4.3 Observance of the rules of professional ethics comments.

Code: 01AZ		
OBJECTIVE	STANDARD	
Statement of the Competency	Achievement Context	
To lead recreational activities for clients.	 Based on existing programming or a specific request. With clients of the organization. As part of a work team. Taking into account the general objectives of the organization. Using the necessary equipment, materials and documents. 	
Elements of the Competency	Performance Criteria	
1. To plan the work.	 1.1 Accurate estimate of the available human, material and financial resources. 1.2 Proper definition of specific goals and objectives and priorities in keeping with the goals and objectives of the organization and the work to be done. 1.3 Realistic timetable in keeping with the availability of human and material resources. 	
2. To organize the work.	 2.1 Methodical organization of the work. 2.2 Demonstration of initiative and resourcefulness. 2.3 Effective use of the organization's human, material and financial resources. 	

Code: 01AZ	
3. To carry out the work.	 3.1 Application of effective work methods. 3.2 Demonstration of flexibility and adaptability to people and situations. 3.3 Respect for the rules of safety and professional ethics. 3.4 Respect for the organization's operating procedures and the previously established specific goals and objectives. 3.5 Demonstration of autonomy and a sense of responsibility. 3.6 Quality of communication and participation in teamwork. 3.7 Use of methods to ensure the quality of services and the satisfaction of clients.
4. To evaluate the results of their interventions and the quality of their work.	 4.1 Use of appropriate evaluation methods. 4.2 Identification of positive aspects and difficulties observed. 4.3 Determination of methods to optimize the quality of future activities. 4.4 Formulation of relevant recommendations with respect to the activities carried out. 4.5 Demonstration of receptiveness to criticism.

Humanities

The first set, the emphasis is on how knowledge is defined, acquired, classified, transmitted, and applied. Students examine both messages and media to identify the strengths and limitations of each. Students learn to situate knowledge in a social, historical and personal context, a skill they will need in order to become lifelong learners.

The second set focuses on how individuals, groups, societies or nations organize ideas, perceptions and values into explanatory patterns. Students explore major ideas and value systems by which diverse individuals, groups, societies or nations seek to explain the world and their place in it.

The third set, which is part of the general education component adapted to programs is aimed at deepening and reinforcing the critical thinking skills developed in the first two sets. It is, therefore, sequenced so that students can build on the critical skills, knowledge and insights developed in the first two sets. By situating these issues in their appropriate world view and knowledge contexts, students develop a critical and autonomous approach to ethical values in general and to the values involved in their own fields of interest in particular. This final set also provides students with an opportunity to consolidate personal and social values.

Français, langue seconde

L'enseignement du français, langue seconde, contribue à la formation fondamentale de la personne, en même temps qu'il a pour objet de lui permettre de communiquer efficacement avec ses concitoyens et concitoyennes.

Principes

1) La maîtrise du français, langue seconde, est essentielle pour quiconque veut participer pleinement à la vie de la société québécoise, dont le français est la langue officielle. En conséquence, la formation générale en français, langue seconde, a pour finalité de rendre les étudiants et les étudiantes aptes à utiliser de façon efficace les moyens dont dispose la langue pour communiquer en société. À cette fin, ils devront acquérir des connaissances en vue de les déployer dans les formes de discours qu'il leur faudra pratiquer.

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- sur le plan des connaissances, qu'il ou elle :
 - Ø sait faire une présentation orale structurée;
 - Ø connaît les différentes formes du discours;
 - Ø connaît les différentes techniques de lecture et d'écriture;
- sur le plan des habiletés, qu'il ou elle :
 - \emptyset est capable de questionner, d'analyser, de juger, et d'argumenter en français;
 - Ø est apte à entretenir des rapports sociaux et à partager la vie culturelle du Québec;
 - Ø est apte à établir, à poursuivre et à pratiquer des rapports professionnels en français;
- sur le plan des attitudes, qu'il ou elle :
 - Ø fait preuve d'ouverture par rapport aux différents aspects de la culture québécoise;
 - Ø a conscience des différences et des similitudes entre sa culture d'origine et la culture québécoise francophone;
 - Ø a la préparation voulue pour s'insérer dans la vie sociale et économique.

Séquence des objectifs et des standards

Pour répondre aux divers besoins d'apprentissage des étudiants et des étudiantes du collégial, les ensembles en français, langue seconde, sont répartis selon quatre niveaux. Chacun de ces niveaux permet d'amener les étudiants et les étudiantes à interpréter et à produire des textes de plus ou moins grande complexité.

La formation générale en français, langue seconde, comporte deux ensembles prévus en séquence. Le premier, qui fait partie de la formation générale commune à tous les programmes, a pour objet de consolider les connaissances linguistiques déjà acquises et de les développer pour amener les étudiants et les étudiantes à communiquer de façon plus précise sur le plan tant du vocabulaire et de la syntaxe que de l'organisation textuelle.

Le second ensemble, qui fait partie de la formation générale propre aux programmes, s'appuie sur les acquis développés dans le premier ensemble en les enrichissant d'éléments de compétence liés aux champs d'études de l'étudiant ou de l'étudiante. On cherche à développer la précision de l'expression dans des situations de communication particulières qui relèvent du champ d'études de l'étudiant ou de l'étudiante.

Physical Education

Physical Education, as part of the core curriculum, is aimed at promoting the development of the whole person and at encouraging students to acquire responsible behaviours with respect to their health and quality of life.

Principles

- 1) Physical Education introduces students to different ways of being physically active with a view to making them aware that they are responsible for their health. Students learn concepts and acquire knowledge drawn from the literature and methodically apply them to physical activities apt to lead them to adopt behaviours characteristic of a healthy lifestyle.
- 2) Physical Education enables students to improve their proficiency in an activity and, in doing so, serves to increase their motivation and perseverance to remain physically active, and makes them aware of the contributing factors. To this end, students use a learning process designed to enhance their aptitudes for a given physical activity (i.e., their skills and attitudes).
- 3) Physical Education contributes to making students responsible for assuming responsibility for their health through the maintenance and improvement of their physical fitness and through the sensible practice of physical activity. Students learn to combine being physically active in an effective manner with factors which promote health.
- 4) Physical Education makes students aware of the importance of sharing the knowledge they have acquired. The pleasure and sense of well-being students get out of Physical Education classes motivate them to encourage others to be physically active and to adopt healthy behaviours.

Outcome Objectives

Students who have achieved the general education

- Ø Use their creative and communication skills, particularly in group activities.
- Ø Evaluate their skills, their attitudes and their progress with respect to different forms of physical activity.
- Ø Maintain or increase their physical activity level and fitness level on their own.
- Ø Manage a personal physical activity program and assume responsibility in the organization of physical activities.
- their capacity to (i.e., their attitudes):
 - Ø Recognize the importance of taking charge of their health.
 - Ø Be aware of the need to evaluate and respect their abilities and how the activity is to be carried out, before initiating the activity.
 - Ø Foster self-confidence, self-control, respect for others and cooperation, through the knowledge they have acquired and through participation in physical activity.
 - Ø Respect the environment in which the activities are held.
 - Ø Appreciate the aesthetic and play value of physical activity.
 - Ø Promote a balanced and active lifestyle as a social value.

Sequence of Objectives and Standards

